



PLEASE OBSERVE THE FOLLOWING INSTRUCTIONS

➤ Co-Payment or any money due prior to your procedure must be paid in cash, credit or money order.

➤ The entrance to the Hemet Endoscopy Center is around the back of the parking lot, Suite #104.

➤ **Discontinue all blood thinners below:**

Coumadin (Warfarin)	3 days prior to procedure
Plavix (Clopidogrel)	7 days prior to procedure
Lovenox (Enoxaparin)	24 hours prior to procedure
Arixtra (Fondaparinux)	24 hours prior to procedure
Pradaxa (Dabigatran)	2 days prior to procedure
Xarelto (Rivaroxaban)	2 days prior to

➤ **If Diabetic please follow these guidelines:**

If taking Lantus or long acting Insulin, take only a 1/2 dose at midnight before your procedure, and **bring Insulin with you the day of procedure.**

- Glimepiride (Amaryl) hold day of procedure
- Glucotrol (Glipizide) hold day of procedure
- Actos (Pioglitazone)
- Invokana (Canagliflozin)
- Januvia (Sitagliptin)

➤ Begin Clear Liquid Diet at 8:00 a.m. the day before your procedure.

Clear Liquid Diet:

<ul style="list-style-type: none"> ➤ WATER! ➤ Chicken Broth ➤ Beef Broth ➤ Vegetable Broth 	<ul style="list-style-type: none"> ➤ Tea or Coffee (NO cream or milk) ➤ Flavored teas ➤ Hard Candy 	<ol style="list-style-type: none"> 1. Clear Soft Drinks (Sprite, 7-Up) 2. Apple or White Grape Juice 3. Popsicles (NO red or purple) 4. Gatorade
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ABSOLUTELY NO SOLID Food! No milk or dairy products, no orange juice, no red or purple juices.

ABSOLUTELY NO EATING OR DRINKING THE DAY OF YOUR PROCEDURE

➤ Do not plan on working or driving the rest of the day following your procedure due to sedation given during procedure.

➤ **Cancellation Policy:** We require a minimum of 4 working days notice of cancellation or there will be a minimum charge of \$200.

Initials:

Your initials confirm that you have been given this information.